





## **POWERLIFTING BARBELL**

DIMENSIONS 2200 mm x 74 mm x 74 mm

WEIGHT 20 kg

**Composition:** High quality steel alloy.

Color: Chrome plated on the sleeve and chrome on the shaft.

Grip: 29 mm diameter

**Sleeve for bumpers:** 430 mm long and 49,8 mm diameter

FEATURES Knurl: In diamond pattern on the sides and on the center with one mark for powerlifting.

Bearing: bushing.

Maximum capacity: 1000 kg

**PSI:** 220,000

Suitable for training heavy and controlled movements such as powerlifting.

**FUNCTION** These Olympic bars are used for powerlifting exercises such as deadlift, squat and bench press.

MAINTENANCE Cleaning: The cleaning of magnesium and dirt must be carried out weekly, depending on its use, focusing especially on the application of a liquid and antirust lubricant. Bearings: Bearing lubrication should be performed every 6 months.

Lifetime warranty against breakage of the bar shaft.

Exclusion of guarantee: It cannot fall without weights. It cannot fall with weights on a rubber floor, or another floor or product **WARRANTY** 

for damping falls, less than 15 mm. It must not be used outdoors. It should not be packed with weights. When proper

cleaning and maintenance is not carried out as described in the maintenance point.

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