

## **POWDER COATED HEX BAR**





**15kg:** 1670 x 660 x 140 mm; **Interior:** 540 x 575 mm **DIMENSIONS 23kg:** 1670 x 660 x 210 mm; **Interior:** 600 x 580 mm

WEIGHT 15kg; 23 kg

**FUNCTION** 

Composition: Square and round tube in iron. Finish in micro textured electrostatic powder painting.

Color: Black.

Grip: 15kg - 33 mm in diameter; 23kg - 32 mm in diameter.

**FEATURES** Sleeve for discs: 350 mm long and 49.8 mm in diameter.

Knurl: Diamond relief in the grips on each side.

Maximum Capacity: 250 kg

Hexagonal bars are used for strength exercises. Most often used in strongman training methodology in preferred movements

such as deadlift or farmer carry.

The cleaning of magnesium and dirt should be carried out weekly, according to its use, focusing especially on the application MAINTENANCE

of a lubricating and anti-rust liquid.

For end consumers: 3 years.

For business consumers: 1 year.

WARRANTY Warranty exclusion: Cannot fall without weights. You must not fall with weights on rubber flooring, or other flooring or product

for cushioning falls, less than 15 mm. It should not be used outdoors. It should not be arranged with weights. When proper

cleaning and maintenance is not done according to the maintenance point.