







Diameter: 450 mm ± 3 mm.

In accordance with IWF standards.

DIMENSIONS Widths: 90 mm (25 kg) | 80 mm (20 kg) | 70 mm (15 kg) | 56,5 mm (10 kg) | 31,5 mm (5 kg)

Tolerance: ± 2 mm.

Depending on width and color:

WEIGHT Red - 90 mm (25 kg) | Blue - 80 mm (20 kg) | Yellow - 70 mm (15 kg) | Green - 56,5 mm (10 kg) | Gray - 31,5 mm (5 kg)

Tolerance: ± 1%.

Composition: Quality vulcanized recycled rubber discs. In the center rings with galvanized stainless steel.

Falls: 30.000 cycles **Durometer:** Shore 75

FEATURES Colors: Black with red, blue, yellow, green and gray grains.

Properties: Impact Absorption, Painless. Easy placement and removal on equipment.

Sold individually.

FUNCTION Used to add external load, usually in symmetry, to any equipment or bar. They can also be used solo in certain exercises.

It is recommended to be used on a minimum 15mm impact absorption floor for durability. Mandatory use of springs to hold

the bumpers.

MAINTENANCE

For end consumers: 3 years.

For business consumers: 1 year.

WARRANTY Exclusion of warranty: When misuse is verified. The 5kg bumpers must not be dropped from any height to the ground. The

10kg bumpers must not be dropped from above the waist. It must not fall on rubber flooring, or another floor or fall-arresting

product less than 15mm. When proper cleaning and maintained is not carried out as described in the maintenance point.